

Pre-K 4 SA Menu: February 1st - 5th

(Cycle: Week 1, Day 1 - 5)

		FIELD TRIP @ WEST - 89 SACK	FIELD TRIP @ WEST - 111 SACK	FIELD TRIP @ WEST - 113 SACK	FIELD TRIP @ WEST - 97 SACK	
		LUNCHES	LUNCHES	LUNCHES	LUNCHES	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1-Feb	2-Feb	3-Feb	4-Feb	5-Feb	
Breakfast	WG Chicken & Biscuits					
	Cinnamon Toaster Cereal	WG Chicken Nuggets	Turkey Sausage Links	WW English Muffin	WW Pancakes	
	Seasonal Fresh Fruit	WG Biscuit	WG Waffle	Mandarin Oranges	Wango Mango Juice	
	Milk	Cinnamon Peaches	Seasonal Fresh Fruit	Milk	Milk	
		Milk	Milk			
		(Jelly)	(Syrup)	(Jelly)	(Syrup)	
Lunch		Spaghetti & Meat Sauce		Hamburger & Fries	Margherita Cheese Pizza	
	Chicken Strips	Ground Chicken	Cheese Enchiladas	Beef Patty	Cheese Pizza	
	WW Roll	WW Spaghetti	Enchilada Sauce	WW Hamburger Bun	Shredded Mozzarella	
	Garlic Mashed Potatoes	Spaghetti Sauce	Pinto Beans	Oven Fries	Tomato/Basil	
	Creamed Spinach	Peas & Carrots	Cinnamon Apples	Pineapple Tidbit Cup	Italian Blend Veg	
	Milk	Milk	Milk	Milk	Milk	
	(Ketchup)			(Ketchup; Mustard)		
Snack						
	WW Crackers	Oatmeal Strawberry Bar	Chewy Granola Bar	Pretzels	Fruit Yogurt Cup	
	Cheddar Rectangle	100% Orange Juice	Milk	Dragon Punch Juice	WG Chocolate Graham	
Late Snack						
	Oatmeal Cookies	Vanilla Wafer Cookies	Applesauce Cup	Apple/Cin. Rice Cake	Baby Carrots	
	Craisins	Seasonal Fresh Fruit	WW Crackers	Craisins	Multi-Grain Sun Chips	

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SACK LUNCH	SACK LUNCH	SACK LUNCH	SACK LUNCH
TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2-Feb	3-Feb	4-Feb	5-Feb
Turkey/Cheese Sandwich	Turkey/Cheese Sandwich	Turkey/Cheese Sandwich	Turkey/Cheese Sandwich
Sliced Turkey	Sliced Turkey	Sliced Turkey	Sliced Turkey
Sliced Cheese	Sliced Cheese	Sliced Cheese	Sliced Cheese
WW Bread	WW Bread	WW Bread	WW Bread
Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
Applesauce Cup	Applesauce Cup	Applesauce Cup	Applesauce Cup
Milk	Milk	Milk	Milk
(Mayo; Ranch)	(Mayo; Ranch)	(Mayo; Ranch)	(Mayo; Ranch)